Iowa Department of Human Rights

FAMILY DEVELOPMENT AND SELF-SUFFICIENCY PROGRAM



NAWRS Conference | July, 2019

Family Development and Self-Sufficiency Program

COMPREHENSIVE:

In-home coaching and stability supports for families receiving cash assistance (FIP) STRENGTH-BASED: Foundation in Family Systems Theory

STATEWIDE: Available in all of Iowa's 99 counties

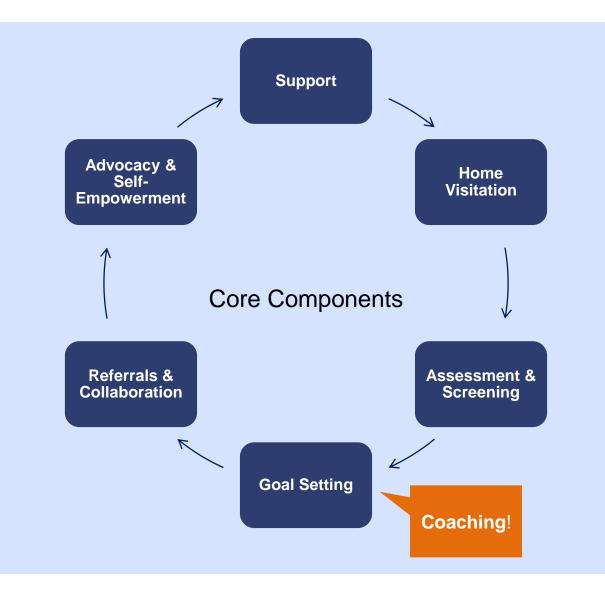
CAPACITY:

Serve 1,500 families at any time, roughly a quarter of Iowa's FIP participants

CERTIFICATION: All staff are certified in Family Development by the NRC for Family Centered Practice

MATURE: Created during the 1988 Iowa General Assembly

Family Development and Self-Sufficiency Program



Meeting in the home:

Lends *context* (family systems)

Ability to engage the entire family

Addresses professional/client power differential

Transportation barrier is eliminated or reduced

Goal Setting: A Coaching Strategy

Foundation:

- Utilize family strengths to address barriers (assessment & screening)
- Family-driven (partnership)
- Clearly articulated goal statement and action steps
- Measurable
- Accountability



Goal Setting: A Coaching Strategy

	Eamily			oufficiency	
	Famil	y Goal P	lanning		
Name					
Goal:					
When Will Your Goal Be Completed:				Actual Date Goal C	ompleted
Action Step "To Do List"	Who Will Do?	To Be Done By (Date)	Date Done	Review/Revised Date	Comments
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Goal – 6/2012

Family Development and Self-Sufficiency Program

Contact:

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