



Road testing

Strengthening the implementation and integration of program changes

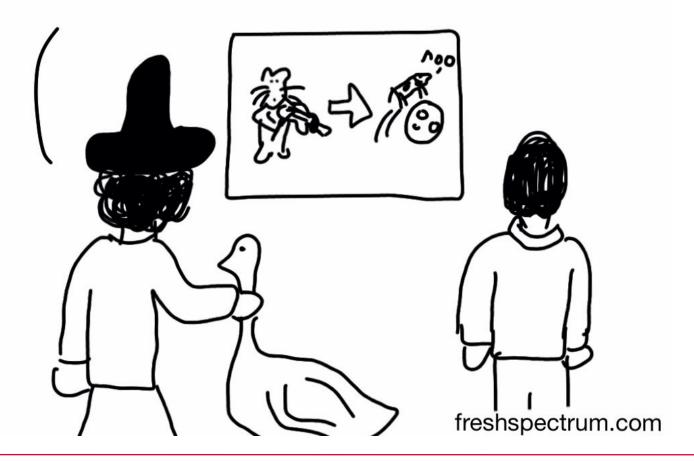
Presentation at the National Association for Welfare Research and Statistics (NAWRS) Workshop Pittsburgh, PA

Tuesday, August 1, 2017

Jonathan McCay

Designing program change...

You're right, after thinking it through, I'm not sure how the one leads to the other





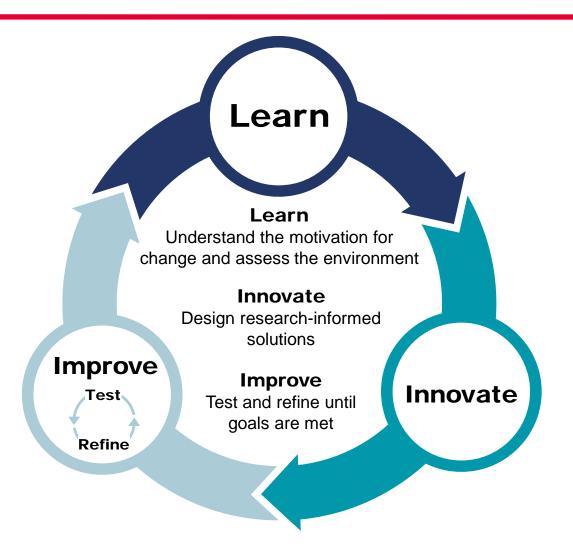
... could benefit from greater intentionality

- "Let's run a pilot to see if it works before scaling up."
 - Often jumps right from the concept stage to trying to answer a question of effectiveness: Am I seeing the outcomes I want?
- A missed opportunity to maximize learning from the experience of trying something new
 - What are the underlying design assumptions?
 - What are the drivers of successful implementation?
 - What are the necessary conditions (context) for successful implementation and integration within a program environment?
- Even "evidence-based" models and interventions are at risk of failure; context and adaptation are key
- Often, evaluations that find minimal or no positive impacts point to implementation issues





A broader framework for quality improvement







What is a road test?

- Iterative, rapid prototyping of a new strategy in order to vet, refine, and strengthen its design and implementation prior to scaling
 - Initial implementation in a contained practice setting on a small scale
 - Gather formative feedback through thoughtfully designed questions posed to users and relevant stakeholders
 - Use data and insights to vet the underlying causal logic, identify ways to strengthen the design, and improve implementation
- A useful road test relies upon a thoughtful diagnosis and design process



What is a road test?



Select staff

working with



a few clients each

trying out



a particular strategy

providing



targeted feedback about their experience





Structure of a road test

Learning Cycle 1



7 line staff
working with 10
participants each
to try out a new
assessment

6 weeks



Analyze feedback, synthesize themes, make targeted improvements

Learning Cycle 2



7 line staff
working with 10
participants each
to try out a new
goal-setting
worksheet

6 weeks



Analyze feedback, synthesize themes, make targeted improvements

Learning Cycle 3



7 line staff
working with 10
participants each
to try out the
revised
assessment and
goal-setting
worksheet

6 weeks



Analyze feedback, synthesize themes, make targeted improvements

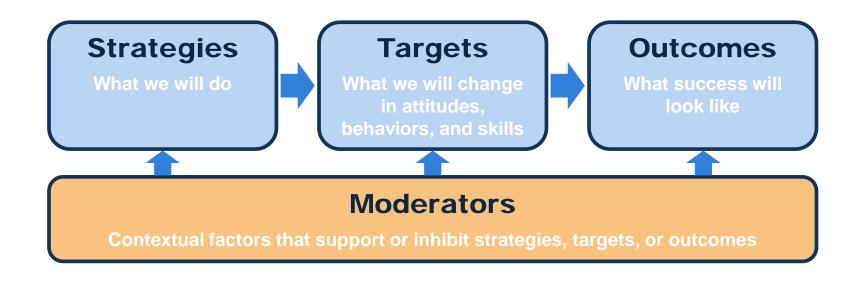




Anchoring the road test

Learning questions

- Give focus to each learning cycle and the examination of a particular strategy
- Rooted in the causal logic of a "road map" for change





Anchoring the road test

- Example learning questions
 - What are the experiences of mentors using the goal achievement tools?
 - What types of goals are parents setting with their mentors?
 - How do customers use the online Monthly Time Sheet?
 - What are the characteristics of a successful "group WOOP" session with customers?
- Focus on the interaction between strategies and targets
- Seek to understand feasibility, usability, and contextual factors that may support or inhibit successful implementation and integration with the broader set of program structures



Designing feedback questions

- For every question you come up with, ask yourself:
 Will this question help me address my learning objective?
- Meaningful feedback questions
 - Are short and specific
 - Account for all relevant perspectives
 - Address considerations related to time, process, and response
- Also consider whether any available program data would help to answer your learning questions



Gathering feedback

- Consider a variety of methods and choose based on efficiency and best fit
 - Questionnaires (forms)
 - Interviews (one-on-one or group)
 - Observations
- Take advantage of freely available online tools to create questionnaires
- Consider the appropriate points in time for gathering feedback
 - When would be the best time to ask about someone's experience?



Example road test feedback process

Timing	Staff Survey	Client Survey	Observation	Interview
Week 1	After each "road test" client meeting	At the end of a "road test" meeting	Meeting length	15 min
Week 2			\checkmark	
Week 3				\checkmark
Week 4			✓	
Week 5				
Week 6				\checkmark





Analysis: Interpreting the feedback

- The road test is not meant to—nor is it capable of answering questions related to impact
- The focus of a road test is to identify strengths and challenges with respect to design and implementation
- In analyzing feedback, look for opportunities or concrete suggestions for improvement



Analysis: Interpreting the feedback

- What seems to have worked consistently well and not so well? What was inconsistent?
 - How might we build on and use our strengths (what has worked well)?
 - How might we address or resolve the challenges that arose (what has not worked well)?
- What, if anything, was surprising, given expectations about how the new strategy would work?
- Does the feedback suggest that a given strategy seems to be leading to the intended behavioral or cognitive changes in staff or clients?
 - In other words, does the feedback suggest that staff or client attitudes, behaviors, or skills are changing?





Analysis: Using program data

- Administrative data may also offer insights about how staff or client behaviors are changing
 - Attendance rates
 - Services/resources take-up
- Changes observed in the data should not be considered evidence that the new strategy caused the changes
 - These data provide information to suggest whether a strategy holds promise
 - Consider more rigorous testing to answer this kind of question



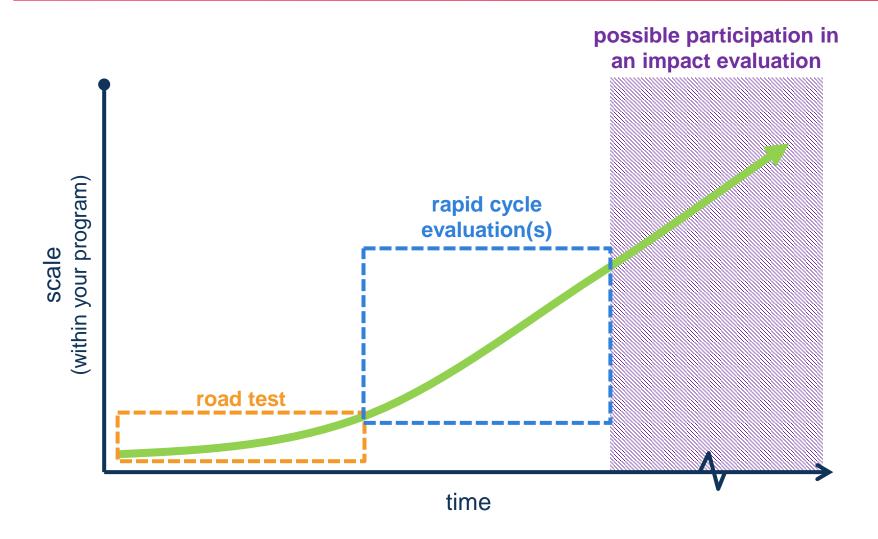
Share, discuss, and refine

- Consider the themes, trends, and key takeaways from the learning cycle with your team
 - Engage staff in brainstorming concrete solutions to the challenges and issues identified
 - Prioritize suggested changes based on feasibility and within the context of your "road map"
 - Does this change lead me to have greater confidence in the causal connections between my strategy, targeted changes, and outcomes?
- If necessary, consult with a researcher about particular, evidence-based strategies to address a challenge or issue that you may have encountered





Continuous improvement and scaling





What works for whom? Under what circumstances?

- At an individual level, the road test is designed to help you dissect the circumstances associated with success
 - For whom is this strategy working? What are the circumstances?
 - For whom is this strategy not working? What are the circumstances?
 - Formative insight to improve your design and implementation
- As you increase in scale, other (more rigorous) research methods can help you answer these questions at the collective or systemic level
 - Address questions related to effectiveness and impact (did X strategy lead to Y outcome?)



Road test "case studies"

- Ramsey County Workforce Solutions (Minnesota)
 Larry Timmerman
- Larimer County Workforce Center (Colorado)
 Dena Jardine
- Colorado Works Innovation Initiative
 Pick up a copy of the Issue Brief (on-hand today)



More info? Need support?

Jonathan McCay

JMcCay@mathematica-mpr.com



